

## Take Care Kentuckians: At-home KEHP Member Resources



- FREE screening and testing for COVID-19 no co-pays, co-insurance, or deductibles apply to these services.
- FREE telehealth visits through **LiveHealth Online** Video chat with a doctor at home 24/7 for health guidance, medical, and behavioral health visits via smartphone, tablet, or computer.
  - Go to <u>LiveHealthOnline.com</u> to get started
  - Enter your Anthem/KEHP Medical ID and your visit is FREE
- Telehealth visits with a provider are covered subject to your plan's out-of-pocket cost. Telehealth includes visits with a camara and audio-only calls.

(Note: Providers are strongly encouraged to use audio-only encounters as a mode of delivering telehealth services when no other approved mode of delivering telehealth services is available

- Learn more at <u>anthem.com/kehp</u> and <u>caremark.com</u>
- If you have a Healthcare FSA, Child & Adult Daycare FSA, or a Health Reimbursement Arrangement (HRA), you have until March 31 to submit your claims from the prior plan year for reimbursement.
  - You must submit claims from the prior plan year using Pay Me Back or Pay My
  - **Provider**. Do not use your VISA card.

    Log into your **HealthEquity** account at <u>learn@healthequity.com/kehp</u> to check your balance and to see the list of eligible expenses.
- Don't like getting out to pick up your prescriptions? You can enroll in the mail order pharmacy program and have your prescriptions delivered to your door.
  - Go to Caremark.com for more information.
- Healthcare FSA and HRA eligible expenses include:

  - Feminine care products
  - the Pay Me Back program.
- You can carry over an unlimited amount from 2020 to 2021 and from 2021 to 2022.





